



**Wishing you good times, good cheer, and a memorable new year.**

*All of us at the Green Thumbers want to thank you for your business, loyalty, and support in 2017. We look forward to great memories in 2018!*

Almost everything in store is on sale! Come in today to check out all the great deals. Until then see the details below.

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[THE GREEN THUMBERS]  
[3030 BRADY ST DAVENPORT] | [563 323 4984] |  
[Mon-Fri 7am- 7pm, Sat 7am- 5pm, & Sun 9am-5pm]  
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## **NEWS & UPDATES**

### **GARDEN CENTER**

We are busy getting geared up for spring in the garden center. Come in and take advantage of the clearance sales we have going on.

Don't forget your bird friends in this cold winter weather. We have a large

assortment of bird food.

## FLOWER SHOP

*Valentine's Word Search*

VALENTINE HEART KISS HUG LOVE

RED CANDY CARD CUPID FLOWERS

S A C V A O E S F  
W R O A R G U H L  
Y E N L S D I T O  
D D H E A R T A W  
N L N N D A Y R E  
A E T T C I D E R  
C K K I S S P N S  
N S M N A L E U O  
L O V E P D R A C

## VALENTINE'S DAY

Wednesday, February 14

Valentine's Day is only a month away! The Green Thumbers' Floral Shop has so many great things to make your valentine feel special!

## TWISTED TRUNK OLIVE OIL & VINEGAR

### 1/16/18- Ultimate Bowls

Get some new ideas for one bowl meals. Healthy, delicious, and different- bowl meals are great for an easy dinner or make ahead lunch. They usually contain various combinations of grains, greens, legumes, and a delicious sauce to top it off.

And a peak at next month...

2/6/18-Four Courses for Your Valentine



## AROMA CAFE



Starting this Saturday



**1/13/18 at 10:00**

Aroma will be hosting a coffee and pastry pairing. Each Saturday will feature a new brew paired with a delicious food item that compliments and enhances the subtle characteristics of the coffee. Plus there will be a talk with information on what makes our coffee so great, roasting processes and more!

Aroma's featured drink of the month is snicker-doodle mocha. Sweet cinnamon and chocolate combine for the perfect January warm up.



## Balsamic Vinegar and Digestion

A healthy lifestyle begins with a healthy digestive system. We cannot function without food as energy, but we often forget about the "boiler room" that is our gut. Truly the center of our health in many ways: breaking down food into energy, controlling our mood, and the epicenter of our immune system. A healthy digestive system is key, and balsamic vinegar is an amazing boost to both our stomach and our intestine. In total it is like a magic stomach elixir...

[Learn more](#)

## Don't let your house plants get the winter blues

It is rather frequent that come spring one or two of my plants need a serious overhaul. By this I mean, cutting away the dead, re-potting, fertilizing, and crossing my fingers it comes back. However, there are a few tips and tricks that can save some stress to both you and your house plants. Plus tending to your indoor garden is a great cure for winter cabin fever.



[Learn more](#)



